



# *Access Consciousness*<sup>TM</sup> **Bars Workshop**

**Would you like to clear limitations, have more joy  
and be in the allowance of what is possible?**

**Flagstaff ~ Sedona, Arizona  
Saturday, November 19  
9:30am ~ 6:30pm**

Location TBA

**Cost:** \$200 First-time attendees, \$100 Repeat attendees

Access Consciousness is a set of tools and processes that can change anything in your life that is not working for you! The tools consist of running Access Bars, verbal processing and hands-on bodywork. In this full-day class you will learn to give and receive an Access Bars with joy, grace and ease.

**The Workshop Includes:**

- Coaching by a Licensed Access Consciousness Facilitator.
- Practice giving & receiving Bars Bodywork Sessions.
- You will be given a comprehensive manual, charts & additional information to assist you.
- Viewing of the "Access The Bars" DVD in which founder Gary Douglas demonstrates the techniques.

**For more information and to register, contact:**

**Sollena K. Morginn, Access Bars Facilitator**

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**[www.sollena.com/accessyou/flagstaff.html](http://www.sollena.com/accessyou/flagstaff.html)**

